



TITLE: A rare case of Extra-osseous intra-articular Osteochondroma in the Hoffa's fat pad of knee joint

Name: Jeevan Pereira

Affiliation: Associate Professor at Yenepoya Deemed to be University

Country: India

Email ID: zecjeev@gmail.com

ABSTRACT (upto 300 words)

Reporting the clinical and radiologic findings of an extra-osseous OC in a 50-year-old female, who noticed a painless swelling in her left knee 15 years back that gradually progressed from an approximate size of 2cm × 1cm over a period of 3 years to the current size with well-defined margins, normal skin, with pain during terminal flexion of knee joint, without neurovascular deficits. After radiological investigation the tumor was surgically resected. Histopathological examination reported non-malignant. After 1 year of follow-up, the patient is asymptomatic without signs of recurrence.

Conclusion: A holistic approach incorporating clinical radiological and pathological criteria should be undertaken to establish the nature of extraosseous cartilaginous tumours that present at unusual anatomic sites. Surgical excision in toto is the management of choice.

Keywords: Extra-osseous, osteochondroma, benign, tumor, Hoffa's fat pad

BIOGRAPHY (upto 200 words)

Jeevan Pereira has completed his fellowship in Arthroscopy and Sports Medicine from the National university of Singapore. He did work in Sultan Special forces in Oman. He is now working in Yenepoya Medical College Hospital, Mangalore, India. He has publication in reputed journals and has a h-index of 7 and i10- index of 7.

Orthopedics, Rheumatology and Musculoskeletal Disorders

November 14-16, 2022 | Dubai, UAE

<https://www.orthopedic.scientexconference.com>

✉ orthopedicsglobal@scientexconferences.com

☎ +1-619-738-6364



Presenter Name: Jeevan Pereira.
Mode of Presentation: Oral/Poster.
Contact number: +91 97408409271



Upload your photo here.

