



TITLE: Locked fat pad in the rent of olecranon fossa causing posterior elbow impingement

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ABSTRACT (upto 300 words)

Case report: A male patient aged 33years presented to us with 18 months history of impingement. Fat pad impingement in the olecranon fossa was confirmed in magnetic resonance. Elbow arthroscopy revealed locking of the fat pad in the rent of the olecranon. Arthroscopic debridement of the fat pad relieved his symptoms

Conclusion: Minimal invasive procedure such as elbow arthroscopy shall help after confirming the diagnosis.

BIOGRAPHY (upto 200 words)

Jeevan Pereira is consultant in the Department of Orthopaedics in Yenepoya, Mangalore, India. He is interested in cartilage related injuries, arthroscopy and sports medicine related injuries. He has over 20 publications and his publication h-index is at 10.

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