



## **TITLE: Chronic Pain Management: The Necessity of Changing Attitudes, Goals and Strategies**

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### **ABSTRACT (upto 300 words)**

One of the major problems of the health care system is chronic pain that continues to be complex and multifaceted puzzle yet. Chronic pain should be considered as a multifaceted phenomenon that has biological, physical, mental, social and religious dimensions. Changing attitudes, goals and strategies is essential for successful chronic pain management. Using process theory model can be acts as a key solution for that, Which composed of 6 steps including accurate exploration of the problem, detailed multidimensional assessment, determining the therapeutic targeting as individualize manner, exact planning, correct implementation of the measures with the participation of the patient and using of teamwork and detailed evaluation is respectively.

### **BIOGRAPHY (upto 200 words)**

Manouchehr Shirazi has PhD in nursing & E-learning fellowship from Shahid Beheshti & Shiraz medical science University, Iran. He is an assistance professor and has 33 year experiences in critical care nursing. He has expertise in chronic pain management in elderly. He has published 20 article related to that in different journals and his publication h-index is 7. He is Dean of education and research unit in National Iranian Oil Company Hospital (N.I.O.C Hospital), Ahvaz, Iran.

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