

## TITLE: After Action Review the Applications that Promotes Learning in Physical Education

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## **ABSTRACT** (up to 300 words)

After action review the applications that promotes learning in Physical Education. The objectives were to 1) after action review the applications that promotes learning in Physical Education. 2) develop a model for physical education teaching and learning with application lessons; 3) study satisfaction after using the model. Teaching and learning of physical education with application lessons. The population group were undergraduate students Kasetsart University Kamphaeng Saen Campus 600 students enrolled in physical education activities, semester 2, academic year 2020, 80 people were randomly selected by multi-stage sampling. Research tools is a teaching and learning model of physical education with application lessons learning achievement test and a satisfaction questionnaire on the teaching and learning model of physical education with application lessons. Data were analyzed using descriptive statistics were average and standard deviation. Data were analyzed to test the hypothesis by using a t-test.

The results of the research were as follows: 1) The physical education teaching and learning management model with application lessons 6 STEPS MPLUS consists of 6 guidelines for choosing applications: Social Media Teamwork Environment Policy Safe Healthy Lifelong leading to learning management design guidelines. Teaching 5 steps: Method Production, Learning Utility and Sustainable, which are appropriate and have a consistency between 0.8-1.0. 2) the comparing the learning achievement of students before and after using the teaching and learning model of physical education with application lessons after using the application lesson were appropriate the difference was statistically significant at the .05 level and 3) the student's satisfaction with the teaching and learning model of physical education through application lessons at good level.

## **BIOGRAPHY** (up to 200 words)

Suppawan Vongsrangsap has completed her PHD at the age of 32 years from Chulalongkorn University, Thailand. She is the deputy head of physical education and sports department of Kasetsart University, Thailand. She has over 30 publications that have been cited over 50 times. She has been serving as an editorial board member of ACPES journals.



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3<sup>rd</sup> Annual Conference on ORTHOPEDICS, RHEUMATOLOGY AND MUSCULOSKELETAL DISORDERS November 27-28, 2023 | Dubai, UAE

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