

ABSTRACT

Introduction: Knee pain is one of the main reasons to seek consultation and one of the main causes of disability affecting the quality of life of impacted people in our society. It affects a range from pediatric to the geriatric population. In this review we have addressed the most frequent pathologies such as patellofemoral syndromes and osteoarthritis. Although there are different types of effective, conservative therapies for the treatment of these pathologies, there is not enough scientific evidence of an effective osteopathic approach.

Objectives: Analyze the scientific evidence and evaluate its quality and methodology.

Material and methods: A systematic review has been carried out following the PRISMA guidelines of the scientific studies found in the COCHRANE, PUBMED and PEDro databases including a total of 6 articles.

Key words: Osteopath*, osteopathic manipulation, osteopathic manipulative treatment and knee pain.

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